

11/01/11

Notes from Older Americans Month/Stuff-a-bus Planning Meeting - Jan. 26, 2017

Attending: Donna Clontz, Marsy Kupfersmith, Wendy Boszak, Sina Ward, Barbara Deavers, Len Reidenbaugh, George McNally

May 2017 theme for OAM is "Age Out Loud" - we want presentations in line with the theme---empowering seniors to voice their needs to take charge, strive for wellness, focus on independence and advocate for themselves and others.

Goal: to have at least one presentation or activity each weekday in May. Ask Reno, Sparks, Incline senior programs to give us some events to put on the calendar as well.]

May 1 – Opening Ceremonies and Information Fair at WC Senior Center, 9th & Sutro from 9 am to 1 pm with special lunch menu that day (Len will coordinate); vendors will share tables; will invite vendors that focus on services and caregivers for seniors (room for approx. 40 vendors; will invite elected officials from state/cities/county and special guests to be part of the opening ceremonies and have 3-4 of them do short presentations on the theme of "Age out Loud"; need to find an MC from the media (Connie McMullen, Amanda Sanchez, Arianna Bennett????

8 AM doors open for vendor table setup

8:30 Info fair begins

10 AM Opening Ceremonies with elected/guest speakers

11:15-1 PM - Lunch

Hire musician to do light background music 8:30 to 10; and during lunch

May 30, 10 to 11 AM – Special music production at Laxalt Auditorium by SOS

May 31 – Closing ceremonies at Neil Road or Evelyn Mount with picnic lunch and awards for attending events throughout the month

Ideas for programs - Each to last about 1 hour and spotlight these topics– taking charge, wellness, independence, advocacy; have programs at all congregate meal sites and libraries as well as senior centers, Somerset/Del Webb community, other sites around the county

--Senior Law Project - Wills & estate planning, living wills/power of attorney

--Lifescapes program at libraries

--Meet & greet elected officials, town hall style

--Scam prevention and other elder protection – DA/city attorney, police, sheriff

--Senior Nutrition

--SHIP – Medicare info

--Update on senior legislation/advocacy issues; possible Washoe Sr Day at the Legislature

--Senior Safety Fair – half day; 3rd week of May w/ all local public safety agencies

- Sanford Center appts with geriatric pharmacist
- Senior wellness programs – Renown, St Mary's, NNMed, HOPES
- OLLI programs
- Transportation—updates from RTC, Sierra Nevada Transportation Coalition, Access to Heathcare, etc.
- Activities from the past --Aces game subsidized by SCAC, Auto Museum, Art Museum
- Financial literacy
- Affordable housing; preventing homelessness
- Alzheimers Assn
- Caregivers Coalition; caregivers initiative; The Continuum
- Senior Health Advocates from Center for Healthy Aging

Your ideas?

Next meeting: Thursday, February 16, 1:30 PM at County Sr Center, 9th & Sutro